

99 Marlborough Road, Donnybrook, Dublin 4

Tel. +353 1 4989500 Fax. +353 1 4969087 cpd@cdu.cdetb.ie

Continuing Professional Development Calendar 2018

There are no course / workshop charges unless otherwise stated.




Where charges apply application forms must be signed by the Principal / Head of Centre indicating authorisation for you to attend.













Many of the CPD activities are now eligible for PAL Points. This is a way of logging CPD and working towards becoming a Learning Champion. Contact the CDU to learn more about PAL or to organise a PAL information session for your school / college / centre.

Application Forms for CDETb sessions are available from your school / college / centre or directly from:
CDETb CDU, Tel: 01 4989500, Fax: 01 4969087, Email: cpd@cdu.cdetb.ie

January 2018

Course / Workshop / Meeting Description	Target Group	Host / Facilitator	Venue / Date / Time
<p>SafeTALK Training Programme This half day training prepares participants to connect people with thoughts of suicide to suicide first aid resources. Participants will develop increased alertness and skills to contribute to building safer communities. Participants will have the opportunity to practice the skills and will leave with practical knowledge of how to recognise someone at risk and link them with life-saving resources. In line with Goal 1 and Goal 3 of the DES <i>Action Plan for Education 2017</i>, CDETb Psychological Service is prioritising suicide prevention training this academic year.</p>	<p>This training is only open to <u>CDETb Admin and GOs working in Post Primary Schools and CDU & Youthreach Staff</u></p>	<p>Living Works Presenter Louise Nolan on behalf of the National Office of Suicide Prevention.</p>  	<p>Thursday 4th January 2018 Time: 9:15 – 13.00 Venue: Transition Centre, Parnell Sq. Dublin 1 Lunch will be provided.</p>
<p>Post-Primary School Stakeholders Vision Workshop This workshop will invite CDETb general operatives and clerical support staff to participate in a range of activities leading to a Consensus Workshop Exercise identifying their vision for the CDETb second level schools.</p>	<p>This workshop is only open to <u>CDETb Admin and GOs working in Post-Primary Schools</u></p>	<p>Miriam O'Donoghue Acting Director CDETb CDU</p> <p>Blake Hodkinson Principal Marino College</p> <p>Caroline Martin Chief Psychologist, CDETb Psychological Service</p>	<p>Thursday 4th January 2018 Time: 14.00 - 16.00 Venue: Transition Centre, Parnell Sq. Dublin 1 Lunch will be provided.</p>
<p>CDETb FET Support Teachers' Community of Learning Meeting Monthly meeting to access and share support of colleagues who are in CDETb Further Education and Training Settings. The meeting is a source of ideas, resources and knowledge to support teachers/ coordinators working in a support for learning capacity.</p>	<p>This meeting is only open to <u>CDETb teachers who work in a support for learning capacity with students in FET settings</u></p>	<p>Carrie Archer Support for Learning Teacher</p> 	<p>Friday 12th January 2018 Time: 9.30 - 11.30 Venue: Marino College of Further Education, 171 North Strand Road, D1. RSVP: carriearcher@marinocollege.ie</p>

<p>An Introduction to BBC Micro:Bit Embedded Systems</p> <p>This event will cover the following content:</p> <ul style="list-style-type: none"> • An introduction to the micro:bit • Coding the micro:bit • Inputs and sensors built into the micro:bit (Radio, temperature, motion, light intensity, g force and many more) • Communication of micro:bits (using the radio) • Breadboards and the micro:bit • Basic circuits • Digital outputs on a micro:bit • Digital inputs on a micro:bit (using a motion sensor) • Analogue outputs • Analogue inputs 	<p>FET teachers, tutors and trainers, including novices with little to no coding experience, who may be using the micro:bit in their classes.</p>	<p>Keith Quille Institute of Technology, Tallaght / FESS</p> 	<p>Tuesday 16th January 2018 Time: 10.00 – 16.00 Registration, tea/coffee at 9.30 Venue: Institute of Technology Tallaght, Blessington Rd, Tallaght, Dublin 24 D24 FKT9</p> <p>NB: Places for this CPD event can only be booked online on the FESS website. http://www.fess.ie/bbc-micro-bit-embedded-systems</p>
<p>CDETb Guidance Counsellors' Consultative Support Meeting</p> <p>Monthly meeting to access and share support of colleagues who work in CDETb Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to support Guidance Counsellors.</p>	<p>This meeting is only open to <u>CDETb Guidance Counsellors who work in Post-Primary schools.</u></p>	<p>Marie-Louise O'Reilly Counselling Psychologist</p> 	<p>Wednesday 17th January 2018 Time: 10.00 - 12.00. Venue: Winstead, Dartry, D.6</p> <p>RSVP: winstead@cdetb.ie</p>
<p>CDETb HSCL Teachers' Consultative Support Meeting</p> <p>Monthly meeting to access and share support of colleagues who are in CDETb Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to support the Home School Community Liaison Teacher.</p>	<p>This meeting is only open to <u>CDETb Home School Liaison Teachers working in Post-Primary Schools</u></p>	<p>Stephen O'Neill Senior Psychologist</p> 	<p>Thursday 18th January 2018 Time: 13.30 - 15.30 Venue: TBC</p> <p>RSVP: stephen.oneill@cdetb.ie</p>
<p>CDETb Guidance Counsellors' Consultative Support Meeting</p> <p>Monthly meeting to access and share support of colleagues who work in CDETb Colleges of Further Education. The meeting is a source of ideas, resources and knowledge to support Guidance Counsellors.</p>	<p>This meeting is only open to <u>CDETb Guidance Counsellors who work in Colleges of Further Education.</u></p>	<p>Marie-Louise O'Reilly Counselling Psychologist</p> 	<p>Tuesday 23rd January 2018 Time: 14.00 - 16.00 Venue: Winstead, Dartry, D.6</p> <p>RSVP: winstead@cdetb.ie</p>
<p>Adult Resilience Programme</p> <p>The Adult Resilience program 'Strong not Tough' provides positive coping and resilience skills for adults This Resilience program is evidence-based and proven to help participants reduce their anxiety by imparting on them many skills and tools such as:</p> <ul style="list-style-type: none"> ▪ To identify feelings and develop empathy ▪ How to control and regulate intense emotions ▪ Relaxation techniques ▪ Mindfulness skills and exercises to stay in the moment, focus and relax ▪ To compromise in tricky situations and avoid conflict ▪ Setting realistic and achievable life goals ▪ Organisation and focus skills <p>Please note you must complete this programme before attending the Adult Resilience Facilitator training.</p>	<p>This resilience building event is only open to CDETb prison teachers. Please register your interest with your Head of Centre before RSVP</p>		<p>Wednesday 24th January 2018 Time: 9.30 - 13.00 AND Wednesday 31st January 2018 Time: 9.30 - 13.00 Venue: TBC</p> <p>RSVP: winstead@cdetb.ie</p>
<p>CDETb Guidance Counsellors' Consultative Support Meeting</p> <p>Monthly meeting to access and share support of colleagues who work in CDETb Adult Education. The meeting is a source of ideas, resources and knowledge to support Guidance Counsellors.</p>	<p>This meeting is only open to <u>CDETb Guidance Counsellors who work in Adult Education.</u></p>	<p>Marie-Louise O'Reilly Counselling Psychologist</p> 	<p>Wednesday 24th January 2018 Time: 10.00 - 12.00 Venue: TBC</p> <p>RSVP: winstead@cdetb.ie</p>
<p>The Middle Leader – a Key Member of the School Community</p> <p>This short course of two three-hour sessions is aimed at teachers, tutors and trainers who currently hold or who aspire to positions of leadership in their schools/colleges/centres. It will involve attendance at two workshops to help to hone leadership skills and develop a vision for leadership roles both from a personal CPD perspective and from the perspective of the school/college/centre community.</p> <p>It is both an exciting and challenging time in education in Ireland. Interesting and diverse programmes and initiatives continue to emerge and teachers, tutors and trainers are being presented with many opportunities to develop current and adopt new leadership roles. These roles include: year head, coordinator of programmes such as Leaving Certificate Applied and JCSP, Deis coordinator, planning for the new junior cycle curriculum, quality assurance in FET, and a wide range of roles in the field of pastoral care.</p> <p>The format will comprise two three-hour evening workshops focusing on the following themes:</p>	<p>CDETb teachers, tutors and trainers who currently hold or who aspire to positions of leadership in their schools/colleges/centres.</p>	<p>Harry Freeman Educational Consultant</p> 	<p>Wednesday 24th January 2018 AND Wednesday 31st January 2018 Time: 17.00 – 20.00 (Tea/coffee and snack provided) Venue: CDU, 99 Marlborough Rd, Donnybrook, Dublin 4 (Parking available)</p> <p>NB: Pre booking essential. Please book directly with the CDU by completing a CPD application form or emailing or phoning the CDU Tel: 01 4989500 Email: cpd@cdu.cdetb.ie</p>

<ul style="list-style-type: none"> ○ Defining Middle Leadership ○ Models of Leadership and their application ○ Leading change ○ Establishing and creating a vision for the role of middle leader ○ Leading teams <ul style="list-style-type: none"> ▪ Planning ▪ Motivating ▪ Managing meetings ○ Managing Workload ○ Managing conflict <p>The course will have a practical focus and will provide opportunities for participants to engage in discussion and share good practice.</p>			
<p>Mindfulness Based Stress Reduction</p> <p>The 8-week MBSR programme devised by Jon Kabat-Zinn at the University of Massachusetts provides participants with tools and techniques to "build resilience, find more balance and peace of mind".</p> <p>The rate for the MBSR programme is normally €350. 12 FREE places are available to CDETБ Staff, thanks to the CDETБ Curriculum Development Unit.</p>	<p>CDETБ Staff</p> <p>Note: Acceptance on the course is not guaranteed. All applicants are required to complete an application form and a short interview with the tutor.</p>	<p>Clodagh Lynam</p> <p>"I am an adult education tutor and course coordinator with CDETБ and have been working for the education of adults since 1986. I am also a mindfulness teacher in training in my 2nd year of the MSc in Mindfulness-Based Interventions at UCD School of Psychology. This course will form part of my assessment."</p>	<p>Thursdays 25th January – 22nd March 2018</p> <p>Time 18.30-21.00, (8 evenings/no class on 15 Feb)</p> <p><u>And</u></p> <p>Sunday 11th March 2018</p> <p>Time:10.00 - 16.00</p> <p>Venue:Ballyfermot Community Civic Centre</p> <p>Also: Optional, free, pre-course taster session: Thu 11 Jan, 18.30 - 19.30</p> <p>No need to book for the taster session, just come along on the evening</p> <p>NB: If you'd like to receive an application form or speak to the tutor, please call Clodagh at: 087-679 0397 (out of office hours only) or email clodagh.lynam@aes.cdetb.ie</p> <p><u>Application forms must be requested from the tutor and are not available from the CDU.</u></p> <p>NB: Latest application date 12th January 2018</p>
<p>CDETБ Learning Support Teachers' Consultative Support Meeting</p> <p>Monthly meeting to access and share support of colleagues who are in CDETБ Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to the support the work of the Learning Support Teacher.</p>	<p>This meeting is only open to CDETБ <u>Learning Support Teachers working in Post-Primary Schools.</u></p>	<p>Georgie Maher Psychologist</p> 	<p>Monday 29th January 2018</p> <p>Time: 10.00 - 12.00</p> <p>Venue: Winstead, Dartry, D.6</p> <p>RSVP: winstead@cdetb.ie</p>
<p>Supporting TEL in CDETБ - 'Appy Fridays' -</p> <p>Every Friday the CDU Library will bring to CDETБ staff an <i>APP of the week</i>, which has been carefully selected and reviewed by the CDU Librarian, to help enhance teaching learning and assessment through technology.</p> <p>Check out the CDU website cdetbcdub.ie every Friday to find out which APP has been nominated <i>APP of the week</i>.</p> <p>Direct link to 'Appy Fridays' web page on CDU website: http://cdetbcdub.ie/cdetb-programmes/technology-enhanced-learning-tel/apps-of-the-week/</p>	<p>CDETБ teachers, tutors and trainers across all levels</p>	<p>Eva Hornung CDETБ CDU Librarian</p> 	<p>Visit the CDU website every Friday to see what's new. Please feel free to contact the CDU Library directly with requests or ideas for sharing. eva.hornung@cdu.cdetb.ie</p>
<p>Supporting TEL in CDETБ – 'Using APPS' - One to one sessions</p> <p>The CDU Library is providing a free service to CDETБ teachers, tutors and trainers who would like to avail of a little extra help to get going with using APPS in the classroom to enhance teaching learning and assessment. One to one hands-on sessions and a 'cuppa' are waiting for you in our CDU Library.</p> <p>Pick a date and time that suits you to drop over to the CDU Library. If you have your own smart phone or tablet it's a good idea to bring it along.</p>	<p>CDETБ teachers, tutors and trainers across all levels</p>	<p>Eva Hornung CDETБ CDU Librarian</p> 	<p>To make an appointment for a session contact the CDU Library eva.hornung@cdu.cdetb.ie or Tel: 01 4989512</p> <p>Venue: CDU Library, 99 Marlborough Rd, Donnybrook, Dublin 4 (Parking available)</p>

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February 2018

Course / Workshop / Meeting Description	Target Group	Host / Facilitator	Venue / Date / Time
Hospitality Externship One day professional visit to a top Dublin based hotel for FET teachers, tutors and trainers delivering programmes in the hospitality area. Full details will be uploaded shortly on www.fess.ie	FET Teachers, tutors and trainers	FESS 	Dublin based hotel. Announcement and full details, application form etc. will be available on the FESS website.
Mountain Skills 1 Mountaineering Ireland/Bord Oilunt Sleibhe The aim of the Mountain Skills Programme is to enable hillwalkers to become self-sufficient. It is also an ideal stepping stone for those who wish to undertake other training to allow them to lead groups in the hills. Prerequisites apply.	Prerequisites apply so please contact the CDU before booking a place.	Eoin Browne Ronan Lenihan CDETb CDU 	Saturday 3rd/ Sunday 4th February 2018 Time: 9.00 - 17.00 Venue: Wicklow Mountains Cost: €100 NB: Pre booking essential. Please book directly with the CDU by completing a CPD application form or emailing or phoning the CDU Tel: 01 4989500 Email: cpd@cdu.cdetb.ie
CDETb FET Support Teachers' Community of Learning Meeting Monthly meeting to access and share support of colleagues who are in CDETb Further Education and Training Settings. The meeting is a source of ideas, resources and knowledge to support teachers/ coordinators working in a support for learning capacity.	This meeting is only open to CDETb <u>teachers who work in a support for learning capacity with students in FET settings</u>	Carrie Archer Support for Learning teacher 	Wednesday 7th February 2018 Time: TBC Venue: TBC RSVP: carriearcher@marinocollege.ie

<p>Conducting Effective Meetings: convening, chairing, managing and minuting meetings in FET This one-day hands-on course on conducting effective meetings will provide participants with the techniques to structure meetings professionally and get the best contributions from the meeting participants.</p> <p>Attending this course will help participants achieve clearly defined meeting outcomes by improving participant contributions and overcoming the most common meeting challenges.</p> <p>Topics Covered:</p> <ul style="list-style-type: none"> • Characteristics and structure of effective meetings • Developing norms for expected meeting behaviour with staff • Agreeing meeting roles - the facilitator; the recorder; the timekeeper; • Meeting preparation - defining the objectives and preparing the agenda • Techniques to manage participation and channel energy • Keeping the meeting on topic • Note taking techniques • Minute taking guide - what to minute & what not to minute • Closing the meeting – summarising/confirmation of task for each participant • Chair approval, sharing and filing minutes 	<p>The target audience for this event is directors of FET, QA officers, heads of centres, heads of department, co-ordinators, FET administration staff, teachers, tutors, trainers (where these topics are an element of the programme they deliver) etc.</p>	<p>DCM Learning / FESS</p> 	<p>Wednesday 7th February 2018 Time: 10.00 - 16.00 Registration with tea/coffee from 9.30am Venue: Athlone Education Centre, Moydrum Road Athlone, Co. Westmeath</p> <p>NB: Places for this CPD event <u>can only be booked online</u> on the FESS website. http://www.fess.ie/conducting-effective-meetings-in-fet</p>
<p>CDET B HSCL Teachers' Consultative Support Meeting Monthly meeting to access and share support of colleagues who are in CDET B Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to support the Home School Community Liaison Teacher</p>	<p>This meeting is only open to <u>CDET B Home School Liaison Teachers working in Post-Primary Schools</u></p>	<p>Stephen O'Neill Senior Psychologist</p> 	<p>Thursday 8th February 2018 Time: 13.30 - 15.30 Venue: TBC</p> <p>RSVP: stephen.oneill@cdetb.ie</p>
<p>CDET B Guidance Counsellors' Consultative Support Meeting Monthly meeting to access and share support of colleagues who work in CDET B Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to support Guidance Counsellors.</p>	<p>This meeting is only open to <u>CDET B Guidance Counsellors who work in Post-Primary schools.</u></p>	<p>Marie-Louise O'Reilly Counselling Psychologist</p> 	<p>Wednesday 14th February 2018 Time: 10.00 - 12.00 Venue: Winstead, Dartry, D.6</p> <p>RSVP: winstead@cdetb.ie</p>
<p>WRT Re Certification Rescue 3 Europe This is a refresher / re-certification course for those who have completed the Whitewater Rescue Technician. It is ideal for anyone involved in activities on water and is essential for those taking groups gorge walking. Prerequisites apply.</p>	<p>Prerequisites apply so please contact the CDU before booking a place.</p>	<p>Ronan Lenihan CDET B CDU</p> 	<p>Monday 19th / Tuesday 20th February 2018 Time: 9.00 – 17.00 Venue: Laragh, Wicklow Cost: €150</p> <p>NB: Pre booking essential. Please book directly with the CDU by completing a CPD application form or emailing or phoning the CDU Tel: 01 4989500 Email: cpd@cdu.cdetb.ie</p>
<p>CDET B Guidance Counsellors' Consultative Support Meeting Monthly meeting to access and share support of colleagues who work in CDET B Colleges of Further Education. The meeting is a source of ideas, resources and knowledge to support Guidance Counsellors.</p>	<p>This meeting is only open to <u>CDET B Guidance Counsellors who work in Colleges of Further Education.</u></p>	<p>Marie-Louise O'Reilly Counselling Psychologist</p> 	<p>Tuesday 20th February 2018 Time: 14.00 - 16.00 Venue: Winstead, Dartry, D.6</p> <p>RSVP: winstead@cdetb.ie</p>
<p>SafeTALK Training Programme This half day training prepares participants to connect people with thoughts of suicide to suicide first aid resources. Participants will develop increased alertness and skills to contribute to building safer communities. Participants will have the opportunity to practice the skills and will leave with practical knowledge of how to recognise someone at risk and link them with life-saving resources. In line with Goal 1 and Goal 3 of the DES <i>Action Plan for Education 2017</i>, CDET B Psychological Service is prioritising suicide prevention training this academic year.</p>	<p>This training is only open to <u>CDET B Principals & Heads of Centres</u></p>	<p>Living Works Presenter on behalf of the National Office of Suicide Prevention.</p>  	<p>Tuesday 20th February 2018 Time: 13:30 - 16:30 Venue: TBC</p> <p>Lunch will be provided</p> <p>RSVP: winstead@cdetb.ie</p>
<p>Adult Resilience Facilitator Training Adult Resilience Facilitator Training, Strong Not Tough Older teenagers & young adults face a number of life changing things such as finishing school and choosing a training programme or career, these things can lead to stress and anxiety. Because of this, it is not uncommon for people to experience anxiety or depression which severely impacts their lives and their</p>	<p>This training is only open to <u>CDET B prison teachers.</u> NB: You must have completed the Adult</p>		<p>Wednesday 21st February 2018 Time: 9.30 - 16.30 Venue: TBC (Lunch will be provided)</p> <p>RSVP: winstead@cdetb.ie</p>

<p>ability to do their best. The Adult Resilience course arms participants with the skills they need to cope with these life changes and difficult situations so that they can do their best and easily transition into the next phase of their life. Facilitators will learn how to impart on their learner group many skills and tools such as: How to identify feelings and develop empathy, How to control and regulate intense emotions, Relaxation techniques – like those used by athletes, Mindfulness skills and exercises to stay in the moment, focus and relax, Prevent bullying for both victims and bullies, Resist peer pressure and develop positive relationships, To compromise in tricky situations and avoid conflict, To choose appropriate role models, Setting realistic and achievable life or study goals, Organisation and focus skills, Develop non internet-based friendships and relationships.</p>	<p>Resilience Programme as a participant (see above dates in January). Please register your interest with your Head of Centre before emailing your RSVP</p>		
<p>CDETБ Guidance Counsellors' Consultative Support Meeting Monthly meeting to access and share support of colleagues who work in CDETБ Adult Education. The meeting is a source of ideas, resources and knowledge to support Guidance Counsellors.</p>	<p>This meeting is only open to <u>CDETБ Guidance Counsellors who work in Adult Education.</u></p>	<p>Marie-Louise O'Reilly Counselling Psychologist</p> 	<p>Wednesday 21st February 2018 Time: 10.00 -12.00. Venue: TBC</p> <p>RSVP: winstead@cdetb.ie</p>
<p>Exploring 'Facilitation' as Part of the Co-ordinator / Manager / Leadership Role This practical workshop will explore different aspects of the role of the facilitator and will include the use of a range of tools and techniques to help FET staff in leadership roles to facilitate groups and teams to have meaningful conversations / discussions, and work towards consensus and decision making.</p>	<p>FET staff working with groups or teams in coordination, management and leadership roles.</p>	<p>Miriam O'Donoghue FESS</p> 	<p>Thursday 22nd February 2018 Time:10.00 - 16.00 Registration with tea/coffee from 9.30am Venue: Laois Education Centre Block Road, Beladd, Portlaoise Co. Laois</p> <p>NB: Places for this CPD event <u>can only be booked online</u> on the FESS website. http://www.fess.ie/exploring-facilitation-as-part-of-the-co-ordinator-manager-leadership-role</p>
<p>SafeTALK Training Programme This half day training prepares participants to connect people with thoughts of suicide to suicide first aid resources. Participants will develop increased alertness and skills to contribute to building safer communities. Participants will have the opportunity to practice the skills and will leave with practical knowledge of how to recognise someone at risk and link them with life-saving resources. In line with Goal 1 and Goal 3 of the DES <i>Action Plan for Education 2017</i>, CDETБ Psychological Service is prioritising suicide prevention training this academic year.</p>	<p>This training is only open to <u>CDETБ Deputy Principals</u></p>	<p>Living Works Presenter on behalf of the National Office of Suicide Prevention.</p>  	<p>Friday 23rd February 2018 Time: 9:15 - 13.00 Venue: Winstead, Dartry, D.6</p> <p>Lunch will be provided</p>
<p>CDETБ Deputy Principals Network The Network of Deputy Principals meets 3-4 times annually. This network meeting will follow the SafeTALK training which is scheduled for the morning of the 23rd February. Agenda for the meeting will be agreed by the DP sub-committee and will be sent directly to Deputy Principals.</p>	<p>This Network meeting is only open to <u>CDETБ Deputy Principals</u></p>	<p>Miriam O'Donoghue Acting Director, CDETБ CDU & Caroline Martin Chief Psychologist, CDETБ Psychological Service</p>  	<p>Friday 23rd February 2018 Time: 14.00 - 16.00 Venue: Winstead, Dartry, D.6</p> <p>Lunch will be provided at 13.00</p>
<p>CDETБ Learning Support Teachers' Consultative Support Meeting Monthly meeting to access and share support of colleagues who are in CDETБ Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to the support the work of the Learning Support Teacher.</p>	<p>This meeting is only open to <u>CDETБ Learning Support Teachers working in Post-Primary Schools.</u></p>	<p>Georgie Maher Psychologist</p> 	<p>Monday 26th February 2018 Time:10.00 - 12.00 Venue: Winstead, Dartry, D.6</p> <p>RSVP: winstead@cdetb.ie</p>

<p>Active Learning Approaches and Tools to Support FET Learners in the Classroom</p> <p>This new hands-on active learning and teaching workshop will explore a range of activities, tools and approaches that can support FET learners to actively engage in areas such as peer learning and sharing, collaborative thinking, planning, evaluation etc.</p> <p>The toolkit of activities, tools and approaches can be integrated into the FET classroom and many can be used by learners to support their assessment work.</p>	<p>The target audience for this workshop is teachers, tutors and trainers working in FET classrooms.</p>	<p>Miriam O'Donoghue FESS</p> 	<p>Tuesday 27th February 2018</p> <p>Time: 10.00 - 16.00 Registration with tea/coffee from 9.30am Venue: Athlone Education Centre, Moydrum Road Athlone, Co. Westmeath</p> <p>NB: Places for this CPD event <u>can only be booked online</u> on the FESS website. http://www.fess.ie/learning-approaches-and-tools-to-support-fet-learners-in-the-classroom-athlone</p>
<p>Supporting TEL in CDETБ - 'Appy Fridays' -</p> <p>Every Friday the CDU Library will bring to CDETБ staff an <i>APP of the week</i>, which has been carefully selected and reviewed by the CDU Librarian, to help enhance teaching learning and assessment through technology.</p> <p>Check out the CDU website cdetbcdu.ie every Friday to find out which APP has been nominated <i>APP of the week</i>.</p> <p>Direct link to 'Appy Fridays' web page on CDU website: http://cdetbcdu.ie/cdetb-programmes/technology-enhanced-learning-tel/apps-of-the-week/</p>	<p>CDETБ teachers, tutors and trainers across all levels</p>	<p>Eva Hornung CDETБ CDU Librarian</p> 	<p>Visit the CDU website every Friday to see what's new. Please feel free to contact the CDU Library directly with requests or ideas for sharing. eva.hornung@cdu.cdetb.ie</p>
<p>Supporting TEL in CDETБ - 'Using APPS' - One to one sessions</p> <p>The CDU Library is providing a free service to CDETБ teachers, tutors and trainers who would like to avail of a little extra help to get going with using APPS in the classroom to enhance teaching learning and assessment. One to one hands-on sessions and a 'cuppa' are waiting for you in our CDU Library.</p> <p>Pick a date and time that suits you to drop over to the CDU Library. If you have your own smart phone or tablet it's a good idea to bring it along.</p>	<p>CDETБ teachers, tutors and trainers across all levels</p>	<p>Eva Hornung CDETБ CDU Librarian</p> 	<p>To make an appointment for a session contact the CDU Library eva.hornung@cdu.cdetb.ie or Tel: 01 4989512</p> <p>Venue: CDU Library, 99 Marlborough Rd, Donnybrook, Dublin 4 (Parking available)</p>

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March 2018

Course / Workshop / Meeting Description	Target Group	Host / Facilitator	Venue / Date / Time
CDETb FET Support Teachers' Community of Learning Meeting Monthly meeting to access and share support of colleagues who are in CDETb Further Education and Training Settings. The meeting is a source of ideas, resources and knowledge to support teachers/ coordinators working in a support for learning capacity.	This meeting is only open to CDETb <u>teachers who work in a support for learning capacity with students in FET settings</u>	Carrie Archer Support for Learning Teacher 	Friday 2nd March 2018 Time: TBC Venue TBC RSVP: carriearcher@marinocollege.ie
Supporting FET Staff in the Delivery and Assessment of Language Programmes This practical workshop will explore active teaching and learning methodologies to support FET learners' language development in the four skills of reading, writing, listening and speaking. As this workshop will explore the use of appropriate ICT tools to enhance learning language skills, participants are required to bring their own device (smart phone/tablet) on the day.	The target audience for this workshop is teachers/tutors of modern foreign languages, ESOL and Irish	Lorraine Downey CDETb ESOL Development Officer / FESS 	Thursday 15th March 2018 Time: 10.00 - 16.00 Registration with tea/coffee from 9.30 Venue: Laois Education Centre Block Road, Beladd, Portlaoise Co. Laois NB: Places for this CPD event <u>can only be booked online</u> on the FESS website. http://www.fess.ie/supporting-fet-staff-in-the-delivery-and-assessment-of-language-programmes-laois-education-centre
Wilderness First Aid Level 3 Wilderness Medical Society/Mountain Training Ireland This course is essential for anyone working with groups outdoors. It is recognised by all of the adventure sport governing bodies as being appropriate for their awards. Prerequisites apply.	Prerequisites apply so please contact the CDU before booking a place.	Ronan Lenihan CDETb CDU 	Thursday 15th/ Friday 16th March 2018 Time: 9.00 – 17.00 Venue: Laragh, Wicklow Cost: €100 NB: Pre booking essential. Please book directly with the CDU by completing a CPD application form or emailing or phoning the CDU. Tel: 01 4989500 Email: <u>cpd@cdu.cdetb.ie</u>

<p>CDETБ Guidance Counsellors & Psychologists In-Service Day In the morning Jacinta Kitt will be presenting on building, enhancing and maintaining positive staff relationships. In the afternoon there will be several separate presentations by Guidance Counsellors and a Psychologist on their work and research.</p>	<p>This training day is only open to <u>CDETБ Guidance Counsellors & Psychologists.</u></p>		<p>Tuesday 20th March 2018 Time: 9.00 – 16.00 Venue: Winstead, Dartry, D.6 RSVP: winstead@cdetb.ie</p>
<p>CDETБ HSCL Teachers’ Consultative Support Meeting Monthly meeting to access and share support of colleagues who are in CDETБ Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to support the Home School Community Liaison Teacher</p>	<p>This meeting is only open to <u>CDETБ Home School Liaison Teachers working in Post-Primary Schools</u></p>	<p>Stephen O’Neill Senior Psychologist</p> 	<p>Thursday 22nd March 2018 Time: 13.30 - 15.30 Venue: TBC RSVP: stephen.oneill@cdetb.ie</p>
<p>Supporting TEL in CDETБ - ‘Appy Fridays’ - Every Friday the CDU Library will bring to CDETБ staff an <i>APP of the week</i>, which has been carefully selected and reviewed by the CDU Librarian, to help enhance teaching learning and assessment through technology. Check out the CDU website cdetbcdub.ie every Friday to find out which APP has been nominated <i>APP of the week</i>.</p> <p>Direct link to ‘Appy Fridays’ web page on CDU website: http://cdetbcdub.ie/cdetb-programmes/technology-enhanced-learning-tel/apps-of-the-week/</p>	<p>CDETБ teachers, tutors and trainers across all levels</p>	<p>Eva Hornung CDETБ CDU Librarian</p> 	<p>Visit the CDU website every Friday to see what’s new. Please feel free to contact the CDU Library directly with requests or ideas for sharing. eva.hornung@cdu.cdetb.ie</p>
<p>Supporting TEL in CDETБ – ‘Using APPS’ - One to one sessions The CDU Library is providing a free service to CDETБ teachers, tutors and trainers who would like to avail of a little extra help to get going with using APPS in the classroom to enhance teaching learning and assessment. One to one hands-on sessions and a ‘cuppa’ are waiting for you in our CDU Library. Pick a date and time that suits you to drop over to the CDU Library. If you have your own smart phone or tablet it’s a good idea to bring it along.</p>	<p>CDETБ teachers, tutors and trainers across all levels</p>	<p>Eva Hornung CDETБ CDU Librarian</p> 	<p>To make an appointment for a session contact the CDU Library eva.hornung@cdu.cdetb.ie or Tel: 01 4989512</p> <p>Venue: CDU Library, 99 Marlborough Rd, Donnybrook, Dublin 4 (Parking available)</p>

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Continuing Professional Development Calendar 2018

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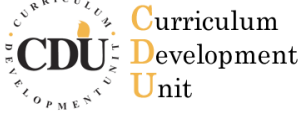



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April 2018

Course / Workshop / Meeting Description	Target Group	Host / Facilitator	Venue / Date / Time
<p>Adult Resilience Programme The Adult Resilience program ‘Strong not Tough’ provides positive coping and resilience skills for adults. This Resilience program is evidence-based and proven to help participants reduce their anxiety by imparting on them many skills and tools such as:</p> <ul style="list-style-type: none"> To identify feelings and develop empathy How to control and regulate intense emotions Relaxation techniques Mindfulness skills and exercises to stay in the moment, focus and relax To compromise in tricky situations and avoid conflict Setting realistic and achievable life goals organisation and focus skills <p>Please note you must complete this programme before attending the Adult Resilience Facilitator training.</p>	<p>This Resilience Building Event is open to <u>ALL</u> CDETb staff.</p>		<p>Two Wednesday evenings in April 2018 Dates & times TBC Venue: Winstead</p> <p>Please email EXPRESSIONS OF INTEREST TO winstead@cdetb.ie</p>
<p>'The Science of Bouncibility': How to bounce back from the challenges of life. Resilience is the ability to adapt to the challenges of work and life. It's about bouncing back rather than falling apart. Resilient people can thrive despite adversity, defy the odds and achieve positive outcomes despite misfortunes and setbacks. If you are strong in resilience you have this ‘bouncibility’ and can harness your inner strengths and coping mechanisms. We all need strategies to help us cope better with stress and grow stronger through the challenges within or personal and work lives. All of us have an innate ability to cope much better than we think when under pressure. By focusing attention on the people who adapted or bounced back quickly, despite facing significant life challenges, science has learned what lies at the heart of this ‘bouncibility’. This seminar will highlight ten evidence-based strategies linked to better outcomes during such periods of upheaval in our personal and professional lives. The hope is that it will uplift and inspire change in the lives of those who attend, but even more importantly inspire participants to incorporate it into their homes, workplaces and communities.</p>	<p>This session is specifically targeted at Youthreach staff only.</p>	<p>Shane Martin C.Psychol.,Ps.S.I. of Moodwatchers</p>	<p>Wednesday 11th April 2018 Time: 10.30 - 14.00 Venue: Ballymun AES</p> <p>NB: Pre booking essential. Please book directly with Damien O'Reilly at the CDU Tel: 01 4989500 damien.oreilly@cdu.cdetb.ie</p>

<p>CDETb FET Support Teachers' Community of Learning Meeting Monthly meeting to access and share support of colleagues who are in CDETb Further Education and Training Settings. The meeting is a source of ideas, resources and knowledge to support teachers/ coordinators working in a support for learning capacity.</p>	<p>This meeting is only open to <u>CDETb teachers who work in a support for learning capacity with students in FET settings</u></p>	<p>Carrie Archer Support for Learning Teacher</p> 	<p>Wednesday 11th April 2018 Time: TBC Venue: TBC</p> <p>RSVP: carriearcher@marinocollege.ie</p>
<p>CDETb Guidance Counsellors' Consultative Support Meeting Monthly meeting to access and share support of colleagues who work in CDETb Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to support Guidance Counsellors.</p>	<p>This meeting is only open to <u>CDETb Guidance Counsellors who work in Post-Primary schools.</u></p>	<p>Marie-Louise O'Reilly Counselling Psychologist</p> 	<p>Wednesday 11th April 2018 Time: 10.00 -12.00 Venue: Winstead, Dartry, D.6</p> <p>RSVP: winstead@cdetb.ie</p>
<p>Mountain Skills 2 Mountaineering Ireland/Bord Oilunt Sleibhe This Mountain Skills 2 course is being run for people who have previously attended Mountain Skills 1 training or who have sufficient experience to go directly to Mountain Skills 2. Prerequisites apply.</p>	<p>Prerequisites apply so please contact the CDU before booking a place.</p>	<p>Eoin Browne Ronan Lenihan CDETb CDU</p> 	<p>Saturday 14th/Sunday 15th April 2018 Day 1 Time: 11.00 - 10.00 Day 2 Time: 9.00 – 17.00 Venue: Wicklow Mountains Cost: €100</p> <p>NB: Pre booking essential. Please book directly with the CDU by completing a CPD application form or emailing or phoning the CDU. Tel: 01 4989500 Email: cpd@cdu.cdetb.ie</p>
<p>CDETb Guidance Counsellors' Consultative Support Meeting Monthly meeting to access and share support of colleagues who work in CDETb Adult Education. The meeting is a source of ideas, resources and knowledge to support Guidance Counsellors.</p>	<p>This meeting is only open to <u>CDETb Guidance Counsellors who work in Colleges of Further Education.</u></p>	<p>Marie-Louise O'Reilly Counselling Psychologist</p> 	<p>Tuesday 17th April 2018 Time: 14.00 - 16.00 Venue: Winstead, Dartry, D.6</p> <p>RSVP: winstead@cdetb.ie</p>
<p>CDETb Guidance Counsellors' Consultative Support Meeting Monthly meeting to access and share support of colleagues who work in CDETb Adult Education. The meeting is a source of ideas, resources and knowledge to support Guidance Counsellors.</p>	<p>This meeting is only open to <u>CDETb Guidance Counsellors who work in Adult Education.</u></p>	<p>Marie-Louise O'Reilly Counselling Psychologist</p> 	<p>Wednesday 18th April 2018 Time: 10.00 -12.00 Venue: TBC</p> <p>RSVP: winstead@cdetb.ie</p>
<p>CDETb HSCL Teachers' Consultative Support Meeting Monthly meeting to access and share support of colleagues who are in CDETb Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to support the Home School Community Liaison Teacher.</p>	<p>This meeting is only open to <u>CDETb Home School Liaison Teachers working in Post-Primary Schools</u></p>	<p>Stephen O'Neill Senior Psychologist</p> 	<p>Thursday 19th April 2018 13.30 - 15.30 Venue: TBC</p> <p>RSVP: stephen.oneill@cdetb.ie</p>
<p>CDETb Learning Support Teachers' Consultative Support Meeting Monthly meeting to access and share support of colleagues who are in CDETb Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to the support the work of the Learning Support Teacher.</p>	<p>This meeting is only open to <u>CDETb Learning Support Teachers working in Post-Primary Schools.</u></p>	<p>Georgie Maher Psychologist</p> 	<p>Monday 30th April 2018 Time: 10.00 -12.00 Venue: Winstead, Dartry, D.6</p> <p>RSVP: winstead@cdetb.ie</p>
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<p>Supporting TEL in CDETb – 'Using APPS' - One to one sessions The CDU Library is providing a free service to CDETb teachers, tutors and trainers who would like to avail of a little extra help to get going with using APPS in the classroom to enhance teaching learning and assessment. One to one hands-on sessions and a 'cuppa' are waiting for you in our CDU Library. Pick a date and time that suits you to drop over to the CDU Library. If you have your own smart phone or tablet it's a good idea to bring it along.</p>	<p>CDETb teachers, tutors and trainers across all levels</p>	<p>Eva Hornung CDETb CDU Librarian</p> 	<p>To make an appointment for a session contact the CDU Library eva.hornung@cdu.cdetb.ie or Tel: 01 4989512</p> <p>Venue: CDU Library, 99 Marlborough Rd, Donnybrook, Dublin 4 (Parking available)</p>

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May 2018

Course / Workshop / Meeting Description	Target Group	Host / Facilitator	Venue / Date / Time
<p>Adult Resilience Programme The Adult Resilience program 'Strong not Tough' provides positive coping and resilience skills for adults. This Resilience program is evidence-based and proven to help participants reduce their anxiety by imparting on them many skills and tools such as:</p> <ul style="list-style-type: none"> To identify feelings and develop empathy How to control and regulate intense emotions Relaxation techniques Mindfulness skills and exercises to stay in the moment, focus and relax To compromise in tricky situations and avoid conflict Setting realistic and achievable life goals organisation and focus skills <p>Please note you must complete this programme before attending the Adult Resilience Facilitator training.</p>	<p>This Resilience Building Event is open to ALL CDETb staff.</p>		<p>One full Saturday in May 2018 Dates & times TBC Venue: Winstead</p> <p>Please email EXPRESSIONS OF INTEREST TO winstead@cdetb.ie</p>
<p>CDETb FET Support Teachers' Community of Learning Meeting Monthly meeting to access and share support of colleagues who are in CDETb Further Education and Training Settings. The meeting is a source of ideas, resources and knowledge to support teachers/coordinators working in a support for learning capacity.</p>	<p>This meeting is only open to CDETb <u>teachers who work in a support for learning capacity with students in FET settings</u></p>	<p>Carrie Archer Support for Learning Teacher</p> 	<p>Friday 4th May 2018 Time: TBC Venue: TBC</p> <p>RSVP: carriearcher@marinocollege.ie</p>
<p>CDETb Psychologists & Guidance Counsellors' In-Service Day: Warmth, Support & Reflection This day will be dedicated to reconnecting, reflecting, restoring and replenishing.</p>	<p>This meeting is only open to <u>CDETb Guidance Counsellors and Psychologists only.</u></p>	<p>CDETb Psychological Service</p> 	<p>Friday 18th May 2018 Time: 9.30 - 15.30 Venue: Winstead, Dartry, D.6</p> <p>Lunch will be provided</p> <p>RSVP: winstead@cdetb.ie</p>
<p>CDETb Learning Support Teachers' Consultative Support Meeting Monthly meeting to access and share support of colleagues who are in CDETb Post-Primary Schools. The meeting is a source of ideas, resources and knowledge to the support the work of the Learning Support Teacher.</p>	<p>This meeting is only open to CDETb <u>Learning Support Teachers working in Post-Primary Schools.</u></p>	<p>Georgie Maher Psychologist</p> 	<p>Monday 21st May 2018 Time: 10.00 - 12.00 Venue: Winstead, Dartry, D.6</p> <p>RSVP: winstead@cdetb.ie</p>

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<p>Supporting TEL in CDETБ – ‘Using APPS’ - One to one sessions The CDU Library is providing a free service to CDETБ teachers, tutors and trainers who would like to avail of a little extra help to get going with using APPS in the classroom to enhance teaching learning and assessment. One to one hands-on sessions and a ‘cuppa’ are waiting for you in our CDU Library. Pick a date and time that suits you to drop over to the CDU Library. If you have your own smart phone or tablet it’s a good idea to bring it along.</p>	<p>CDETБ teachers, tutors and trainers across all levels</p>	<p>Eva Hornung CDETБ CDU Librarian</p> 	<p>To make an appointment for a session contact the CDU Library eva.hornung@cdu.cdetb.ie or Tel: 01 4989512</p> <p>Venue: CDU Library, 99 Marlborough Rd, Donnybrook, Dublin 4 (Parking available)</p>

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June 2018

Course / Workshop / Meeting Description	Target Group	Host / Facilitator	Venue / Date / Time
Mountain Skills Assessment Mountaineering Ireland/Bord Oiliunt Sleibhe The Mountain Skills Assessment is for those who have completed Mountain Skills Training and are considering undertaking more advanced leadership training. It is also beneficial as confirmation of the skills learnt on the training courses. Prerequisites apply.	Prerequisites apply so please contact the CDU before booking a place.	Ronan Lenihan CDETb CDU 	Tuesday 5th/Wednesday 6th June 2018 Time Day1: 11.00 - 22.00 Time Day 2: 9.00 - 17.00 Venue: Wicklow Mountains Cost: €110 NB: Pre booking essential. Please book directly with the CDU by completing a CPD application form or emailing or phoning the CDU. Tel: 01 4989500 Email: cpd@cdu.cdetb.ie
Lowland Leader Award Training Mountaineering Ireland/Bord Oiliunt Sleibhe The Lowland Leader Award is a training scheme for those who wish to lead groups on easier hill walks. It is an ideal award for those who want to get involved in outdoor education. Prerequisites apply.	Prerequisites apply so please contact the CDU before booking a place.	Ronan Lenihan CDETb CDU 	Thursday 7th/Friday 8th June 2018 Time Day1: 11.00 - 22.00 Time Day 2: 9.00 - 17.00 Venue: Wicklow Mountains Cost: €120 NB: Pre booking essential. Please book directly with the CDU by completing a CPD application form or emailing or phoning the CDU Tel: 01 4989500 Email: cpd@cdu.cdetb.ie
Outdoor Education Introduction Week Curriculum Development Unit/various NGBs The aim of this week is to give participants an understanding of what outdoor education can be provided in the CDETb. It is also an opportunity for participants to find out how they can get involved. The week will involve a range of activities such as hillwalking, rockclimbing, kayaking, coastering, gorge walking, orienteering, environmental awareness, etc. Prerequisites apply.	Prerequisites apply so please contact the CDU before booking a place.	CDETb CDU 	Tuesday 5th to Friday 8th June 2018 Time: 9.00 – 17.00 Venue: Various Cost: €50 NB: Pre booking essential. Please book directly with the CDU by completing a CPD

			application form or emailing or phoning the CDU. Tel : 01 4989500 Email : cpd@cdu.cdetb.ie
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